Aspects of Wheelchair Mobility Tests
Rough Surface

Instructions:

After you travel for 4 minutes on a rough surface track, indicate your rating of the difficulty of moving.
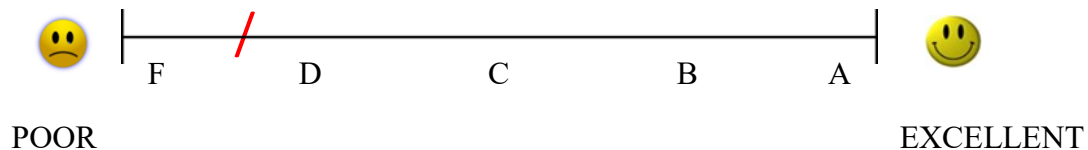
- Answer the questions by placing a vertical mark on the line. Mark anywhere along the line.
- Do **not** circle letter grades; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

See the example below

Example:

Rate the ease or difficulty of moving up a <u>steep incline</u>.

From below F (poor) to above A (excellent).

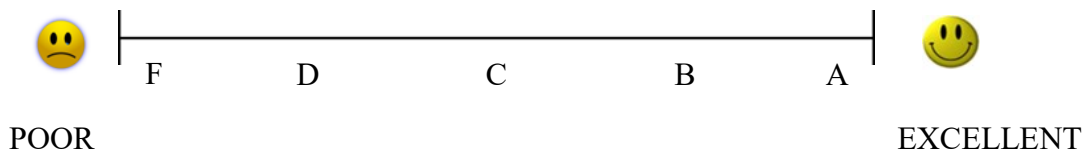F   D   C   B   A

POOR   EXCELLENT

Comment: *It is hard to move! Very unstable, the wheelchair almost fell back.*

Rate moving on a <u>rough surface</u>

From "poor" — very difficult, to "excellent" — not difficult at all

F   D   C   B   A

POOR   EXCELLENT

Comment: _____

For Administrator Use:

[Track length (m):_____ × # of laps _____]+ additional distance (m) _____ = total (m) _____

Aspects of Wheelchair Mobility Tests
Smooth Surface

Instructions:

After you travel for 4 minutes on a smooth surface track, indicate your rating of the difficulty of moving.
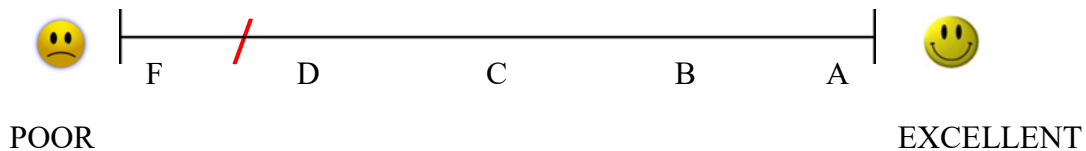
- Answer the questions by placing a vertical mark on the line. Mark anywhere along the line.
- Do **not** circle letter grades; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

See the example below

Example:

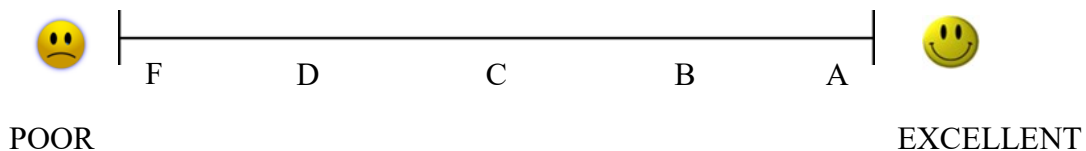**Rate the ease or difficulty of moving up a <u>steep incline</u>.**

From below F (poor) to above A (excellent).

F   D   C   B   A

POOR   EXCELLENT

Comment: *<u>It is hard to move! Very unstable, the wheelchair almost fell back.</u>*

Rate moving on a <u>smooth surface</u>

From "poor" — very difficult, to "excellent" — not difficult at all

F   D   C   B   A

POOR   EXCELLENT

Comment: _____

For Administrator Use:

[Track length (m):_____ × # of laps _____]+ additional distance (m) _____ = total (m) _____

Aspects of Wheelchair Mobility Tests
Tight Spaces

Instructions:

After you travel for 4 minutes on a tight spaces track, indicate your rating of the difficulty of moving.
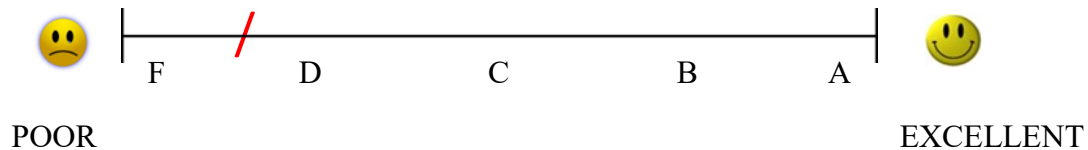- Answer the questions by placing a vertical mark on the line. Mark anywhere along the line.
- Do **not** circle letter grades; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

See the example below

Example:

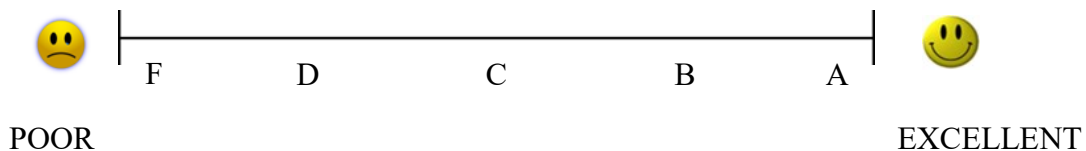**Rate the ease or difficulty of moving up a <u>steep incline</u>.**

From below F (poor) to above A (excellent).

😠 | F   D   C   B   A | 😊

POOR   EXCELLENT

Comment: *It is hard to move! Very unstable, the wheelchair almost fell back.*

Rate moving in a <u>tight space</u>

From "poor" — very difficult, to "excellent" — not difficult at all

😠 | F   D   C   B   A | 😊

POOR   EXCELLENT

Comment: _____

For Administrator Use:

[Track length (m):_____ × # of laps _____]+ additional distance (m) _____ = total (m) _____

Aspects of Wheelchair Mobility Tests
Curb

After you travel for 4 minutes on a track including curbs, indicate your rating of the difficulty of moving.
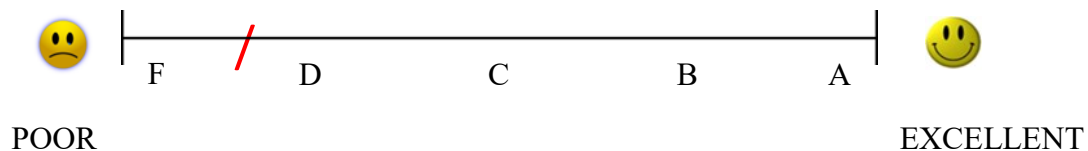
- Answer the questions by placing a vertical mark on the line. Mark anywhere along the line.
- Do **not** circle letter grades; they are only for reference.
- Include at least **one full sentence** on the comment line to describe the reason behind your rating.

See the example below

Example:

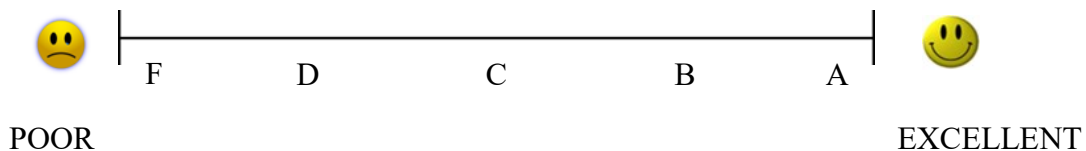**Rate the ease or difficulty of moving up a <u>steep incline</u>.**

From below F (poor) to above A (excellent).

F   D   C   B   A

POOR   EXCELLENT

Comment: *It is hard to move! Very unstable, the wheelchair almost fell back.*

Rate moving up and down a <u>curb</u>

From "poor" — very difficult, to "excellent" — not difficult at all

F   D   C   B   A

POOR   EXCELLENT

Comment: _____

For Administrator Use:

[Track length (m):_____ × # of laps _____]+(m) _____ = total(m) _____