

Chapter 21

Screen-Based Technology

Questions for Discussion and Reflection

1. Why has screen-based technology become such a dominant influence in our daily lives?
2. How do today's smartphones differ from desktop computers of twenty years ago?
3. When does violence in video games become unacceptable?
4. What do we gain and what do we lose when we adopt screen technology?
5. Does your screen technology bring you closer to others or separate you from others?
6. What areas do you wrestle with regarding screen technology?
7. Do you find it easy to be distracted by screen technology?
8. How do you handle your own screen technology?
9. Have you tried a "technology fast"? Was it beneficial?
10. What additional suggestions might keep us balanced and growing in our use of screen technology?