



School of Psychology and Counseling Report
Annual Report
2017- 2018 Academic Year

School of Psychology and Counseling

Annual Report Clinical Mental Health Counseling

2017-2018

Introduction

During the 2017-2018, the graduate faculty of the School of Psychology and Counseling and the Dean of College of Health Sciences outlined steps to implement the M.A. Clinical Mental Health Counseling program for Fall 2018. With the support and approval of LeTourneau University, the School of Psychology and Counseling will begin the process of CACREP accreditation. The current M.A. Counseling with LPC specialization will be replaced with the M.A. Clinical Mental Health Counseling degree. The School of Psychology and Counseling will continue to adhere to its mission statement and the Christian worldview.

This report will outline the courses and revisions made to comply with CACREP and assessment procedures for the M.A. Clinical Mental Health Counseling (CMHC).

Courses

The M.A. Clinical Mental Health Counseling is a 66 credit hour degree program that meets the academic requirements for Texas Board of Licensed Professional Counselors. The CACREP 2016 Standards are aligned to course objectives in the eight core areas as well as Standard 5.C.

Core Curriculum (45 hours)

COUN 5023 Counseling Skills and Techniques

COUN 5033 Ethical, Legal, and Professional Standards in Counseling

COUN 5043 Psychopathology: Diagnosis and Treatment of Mental Disorders

COUN 5053 Research Methods

COUN 5073 Lifespan Human Development

COUN 5083 Counseling Theories and Family Therapies

COUN 5093 Counseling Diverse Populations

COUN 5133 Psychological Testing, Clinical Appraisal and Diagnostic Evaluation in Counseling

COUN 5153 Psychopharmacology

COUN 5203 Group Counseling Methods

COUN 5223 Career Counseling and Lifestyle Development

COUN 5593 Applied Lab, Ethics, and Treatment Planning

COUN 6013 Counseling Practicum

COUN 6023 Counseling Internship I

COUN 6033 Counseling Internship II

Clinical Theology Coursework (6 hours)

COUN 5101 Integrative Theology for Counselors I

COUN 5201 Integrative Theology for Counselors II

COUN 5301 Integrative Theology for Counselors III

COUN 5663 Trauma and Theology in the Developmental Context

Specialization (15 hours)

COUN 5113 Human Sexuality and Sex Therapy

COUN 5123 Cognitive and Behavioral Therapy

COUN 5383 Family Assessment

COUN 5583 Addictions Counseling

COUN 5091 Couples Therapy and Assessment I

COUN 5191 Couples Therapy and Treatment Planning II

COUN 5291 Couples Therapy and Treatment Planning III

Total Curriculum: 66 hours

Changes and Revisions

To be compliant with CACREP 2016 Standards, the following changes or revisions were made:

- Prerequisites were added to some of the courses to help ensure students are ready for upper level courses, including practicum and internships.
- The course prefix PSYC was changed to COUN
- Increased the practicum and internship hours

- Added three program outcomes to reflect the eight core areas as outlined in Standard 2 of CACREP. Student Learning Outcomes are aligned to these additional program outcomes.
- The Counselor Preparation Comprehensive Examination (CPCE) will be required for students in the M.A. Clinical Mental Health Counseling, and students must pass the exam. They will have three attempts to pass the exam. They will not be allowed to enroll in COUN 6023 Counseling Internship I unless they pass the CPCE. If students do not pass the CPCE after the third attempt, they will meet with the graduate faculty of the School of Psychology and Counseling, Director of the LeTourneau Counseling Center, and the Dean of College of Health Sciences to review the remediation plan.

Assessments

The School of Psychology and Counseling assesses each program and will continue this process with the M.A. Clinical Mental Health Counseling degree. Below is the list of assessments utilized and will be utilized in the M.A. CMHC.

Counselor Preparation Comprehensive Examination (CPCE): Currently, students are required to take the CPCE, but are not required to pass. They take it as a non-exit exam. Students enrolled in the M.A. Clinical Mental Health Counseling will be required to pass the CPCE. They will have three attempts to pass the exam. Students who enroll in Fall 2018 M.A. CMHC will be eligible to take this exam in Summer 2019.

Counselor Competencies Scale—Revised (CCS-R) is completed by on-site supervisors for practicum and internship courses. Sections of this scale are also included in the grading rubric for the course Counseling Skills and Techniques to evaluate students' basic counseling skills and techniques demonstrated in multiple role plays. Sections of this scale are also included in the grading rubric for Applied Lab, Ethics, and Treatment Planning course. This rubric is used during the student's interview with the School of Psychology and Counseling Graduate Faculty, Director of LeTourneau Center for Counseling, and the Dean of College of Health Sciences. Sections of this scale are also integrated into the grading rubric for group supervision for practicum and internship courses. This rubric is completed by the faculty group supervisor.

Course Evaluations are conducted at the end of each semester for every course. Students have an opportunity to evaluate both the course and the instructor by utilizing an online evaluation. This evaluation uses a 5-point Likert scale. Students also have an opportunity to write comments and suggestions about the course and the instructor.

This information is used to evaluate the courses and to help determine if revisions are needed.

See the chart below for evaluation results. These courses are associated with the eight core areas for the counseling profession:

Core Area	Course	Fall 2017	Spring 2018
Professional Orientation	Ethical, Legal, Professional Standards (PSYC 5033)	4.6	4.8
Social and Cultural Diversity	Counseling Diverse Populations (PSYC 5093)	4.5	4.7
Human Growth and Development	Lifespan Human Development (PSYC 5073)	4.3	4.7
Counseling and Helping Relationships	Counseling Skills and Techniques (PSYC 5023)	4.6	4.8
Group Counseling	Group Counseling Methods (PSYC 5203)	4.6	4.7
Career Development	Career and Lifestyle Development (PSYC 5223)	4.0	4.5
Assessment	Psychological Testing (PSYC 5133)	Not offered	4.8
Research and Program Evaluation	Research Methods (PSYC 5053)	4.7	4.7

Student Professional Dispositions and Behavior are also assessed at various times throughout the program via rubrics such as the ones mentioned above. In addition to academic success, it is important to assess and evaluate a student's professional behavior, ethics, emotional stability, openness to feedback, and knowledge and adherence to policies and procedures of the School of Psychology and Counseling, the university, and their practicum and internship sites.

Program Outcomes and Student Learning Outcomes are evaluated at the end of each academic year. The university requires each academic area to provide an Institutional Effectiveness (IE) report. This report provides the program outcomes, course alignment, measurement tool, data collection process, target level of

performance, results and modifications. This data is discussed with the graduate faculty of the School of Psychology and Counseling and the Dean of College of Health Sciences. The program outcomes and SLOs were met for the 2017-2018 academic year with the exception of SLO for Cognitive Behavioral Therapy. After a review of this course and its requirements, the graduate faculty decided to add prerequisites so students have courses in counseling skills and theories before taking Cognitive Behavioral Therapy.

Student Demographics are collected with the help of the Registrar's Office. Demographics will be collected for the M.A. CMHC. Students in the School of Psychology and Counseling must interview with a graduate faculty member within the School of Psychology and Counseling before or within the first week of the semester. This interview will also be required for Clinical Mental Health Counseling.

Below are tables of demographics for the degrees offered in the School of Psychology and Counseling:

M.A. Counseling: LPC	2015-2016	2016-2017	2017-2018
Full Time	12	21	23
Part Time	66	100	107
Full Time Equivalent	34	54.3	58.7
Total	78	121	130

M.A. Counseling: School Counseling	2015-2016	2016-2017	2017-2018
Full Time	2	4	4
Part Time	13	11	5
Full Time Equivalent	6.33	7.67	5.67
Total	15	15	9

M.A. Counseling: LMFT	2015-2016	2016-2017	2017-2018
Full Time	0	0	1
Part Time	15	10	5
Full Time Equivalent	5	3.33	2.67
Total	15	10	6

M.A. Counseling: LPC/LMFT (Dual Track)	2015-2016	2016-2017	2017-2018
Full Time	13	7	1
Part Time	62	20	8
Full Time Equivalent	33.7	13.7	3.67
Total	75	27	9

M.A. Psychology	2015-2016	2016-2017	2017-2018
Full Time	3	3	3
Part Time	33	41	34
Full Time Equivalent	14	16.7	14.3
Total	36	44	37

Graduates for M.A. Counseling Spring 2018

In Spring 2018, eight students graduated with the LPC specialization. Seven students graduated with the LPC/LMFT specialization, and five students graduated with the School Counseling specialization.

Graduates for M.A. Psychology Spring 2018

Thirteen students graduated with M.A. Psychology.

Graduate Placement Rate

The School of Psychology and Counseling is working with the Director of Career Services in collecting data of our graduate students. Based on data collected, the placement rate is 93% and the passing rate of the National Counselors Examination is 96%. The data for the NCE is based on those who report their results to the School of Psychology and Counseling.

Recommendations

The School of Psychology and Counseling will continue to evaluate each degree and student data. Once the M.A. Clinical Mental Health Counseling degree begins, we will monitor the courses and students through assessments and Institutional Effectiveness Report. We will continue to work on gathering data of our graduates and track the NCE and job placement.