

Psalm 139 – How God Pursues You (Kids)

Psalm 139 is one of the most popular psalms in the whole Bible. It was written by King David, and it talks about how God pursues us even before we look for Him.

God knows the real you.

Did you know that God knows us better than we even know ourselves?! The reason is simple... because He made us! Who knows the most about how bikes work? The bike-maker! And who knows most about how kids work? The kid-maker... God!

***Psalm 139:1-2** O Lord, you have examined my heart and know everything about me. You know when I sit down or stand up. You know my thoughts even when I'm far away. You see me when I travel and when I rest at home. You know everything I do. You know what I am going to say even before I say it, Lord.*

God knows everything. He knows the past, present and future! And, He knows your thoughts, fears, and things that bring you happiness.

God is closer to you than you realize.

Not only does God *know* everything, He *is* everywhere. He's always with us, everywhere we go. He will never leave us because he loves us!

***Psalm 139:7-8** I can never escape from your Spirit! I can never get away from your presence! If I go up to heaven, you are there; if I go down to the grave, you are there.*

God wants to be in your life.

You weren't created by accident. God has a plan for your life. But you can't fulfill that purpose if God isn't in your life to show you. God wants to be in your life. You have to invite Him in! Have you done that?

Memory Verse

Psalm 139:1 Lord, you have examined my heart and know everything about me.

Discussion Questions

1. **Set Up:** Watch the video together or invite someone to [set up the conversation](#).
2. Describe yourself: physical characteristics, favorite food, favorite things to do. Share some of your least favorite things.
3. How does it make you feel to know that God knows everything about you?
4. List some things God has done in your life to show you that he is near.
5. Why do you think God wants to be in your life?

6. Read [Jeremiah 31:33](#). A covenant is a promise. What is God promising to do in this verse? What are God's instructions? What does it mean that they are written on our hearts?
7. **Takeaway:** Write a [personal action step](#) based on this conversation.