

Family Discussion

Where Does Comfort Come from?

1

Read together

2 Corinthians 1:3-4 (NIV) Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.

2

Choose one of these of situations you might be experiencing, have experienced or know someone dealing with such a situation.



Financial problems



Physical pain



Broken relationships

Guilt from the past



3

Discuss

- How have you observed God comforting others through this kind of struggle?
- How has God comforted you through this struggle?
- How can God use you to help others in similar situations?
- Conclude by writing a note of encouragement to someone you know who has been ill or gone through a tough time recently. Pray for them.

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