

# Trusting God Not Myself

Family Discussion



He humbled you, causing you to hunger and then feeding you with manna, which neither you nor your fathers had known, to teach you that man does not live on bread alone but on every word that comes from the mouth of the LORD. Your clothes did not wear out and your feet did not swell during these forty years. Know then in your heart that as a man disciplines his son, so the LORD your God disciplines you.

Deuteronomy 8:2-5 (NIV)



# Discuss

- Their clothes did not wear out for 40 years. Why might some people be upset about this?
- What positive feelings about their clothes still not looking worn out might people have?
- We have a variety of issues we struggle with ... health, finances, relationships. What are some positive attitudes we can take in these problems?

# Pray

- Thank the Lord for ways in which He has blessed you in the past.
- Tell God you are trusting Him you will have an attitude of gratitude and faith as you go through problems in your life.
- Pray for friends and family who are currently struggling with a difficult situation.