

Family Discussion

Redirecting Anger



Discuss

- ▶ Are we ever justified to hate, to curse, to call down God's wrath on people we consider our enemies?
- ▶ Who were some of King David's enemies who pursued or opposed him?
- ▶ What are some situations in when you have been hurtfully opposed or attacked?



Read and Think

Psalm 35:17-19 (NLT2) How long, O Lord, will you look on and do nothing? Rescue me from their fierce attacks. Protect my life from these lions! 18 Then I will thank you in front of the great assembly. I will praise you before all the people. 19 Don't let my treacherous enemies rejoice over my defeat. Don't let those who hate me without cause gloat over my sorrow.

Pray together

- ▶ For situations where you are facing personal conflicts
 - ▶ At School
 - ▶ At work
 - ▶ With family
- ▶ Pray for God's intervention
- ▶ Praise Him for His love and faithfulness