



Indwelt by the
Spirit
Family Discussion

Therefore, dear brothers and sisters,
you have no obligation to do what your
sinful nature urges you to do. For if
you live by its dictates, you will die. But
if through the power of the Spirit you
put to death the deeds of your sinful
nature, you will live.

Romans 8:12-13 (NLT2)



Discuss

- According to Paul's teaching, *what is wrong* with thinking, "To be 'true' to myself, I only need to listen to and follow my own inclinations, my own thoughts and feelings."
- Why are we not able to put our sinful desires to death in our own strength?
- How does the indwelling Holy Spirit guide and empower us to make the right choices and avoid yielding to sin and temptation?



Prayer

- Thank the Lord for His presence within your life to live to glorify Him.
- Ask Jesus to reveal to you an attitude or behavior that needs to be put to death in your life.
- Tell the Lord you are trusting Him to strengthen you regarding this area in your life.
- Ask Him for guidance for the steps to take.

