



1



2

Read and Consider

Psalm 145:1-3 (NLT2) I will exalt you, my God and King, and praise your name ***forever and ever***. 2 I will praise you ***every day***; yes, I will praise you forever. 3 Great is the LORD! He is most worthy of praise! No one can measure his greatness.



3

Evaluate

- Estimate the amount of time you spend per week interacting with the following:
TV Social Media Internet
- Estimate the amount of time you spend per week focusing on honoring God in these ways:
Bible Study Group Service & Prayer Worship to God



4

Pray

- Confess to God concerning your priorities of praising and worshiping Him
- Praise God for His love and forgiveness
- Ask God for the determination and wisdom to use your time and talents for His Glory