

Committed to Pray

Practical Suggestions for Applying the Bible Lesson

1. Use a prayer journal - list prayer concerns, note those that are answered and continue to praise God for His intervention
2. Consider having a specific group of people you pray for each day of the week -
 - a. Sunday: your church and its staff;
 - b. Monday: missionaries;
 - c. Tuesday: teachers (church, school, university);
 - d. Wednesday: your workplace - people and issues there
 - e. Thursday: health requests, families with problems;
 - f. Friday: each family in your Bible Study group;
 - g. Saturday: people who need salvation
3. As you read a daily scripture passage, look for something that prompts you to pray a specific request for the people on your list
4. Use the acronym A.C.T.S.
 - a. Adoration of God, praise
 - b. Confession, be honest with God
 - c. Thanks, express your gratitude to God
 - d. Supplication, pray for your own needs and needs of others