

The background is a solid light blue color with a subtle vertical wood-grain texture. Scattered across the surface are numerous water droplets of various sizes, some appearing as simple circles and others as more complex, rounded shapes with highlights and shadows, giving them a three-dimensional appearance.

FAMILY DISCUSSION

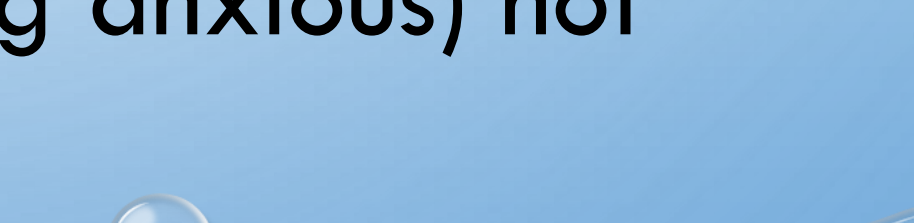
A DAILY PURSUIT

Consider Paul's Admonition

Philippians 4:6-7 (NIV) Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.



DISCUSS:

- What did Paul say about anxiety?
 - What are some kinds of things people worry about?
 - Why does worrying (being anxious) not help?
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DISCUSS:

- Paul says to pray instead of worrying. How does talking to God work better than worrying?





PRAY:

- Share some things within your family that you might be worrying about
 - Pray for each other concerning these issues.
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